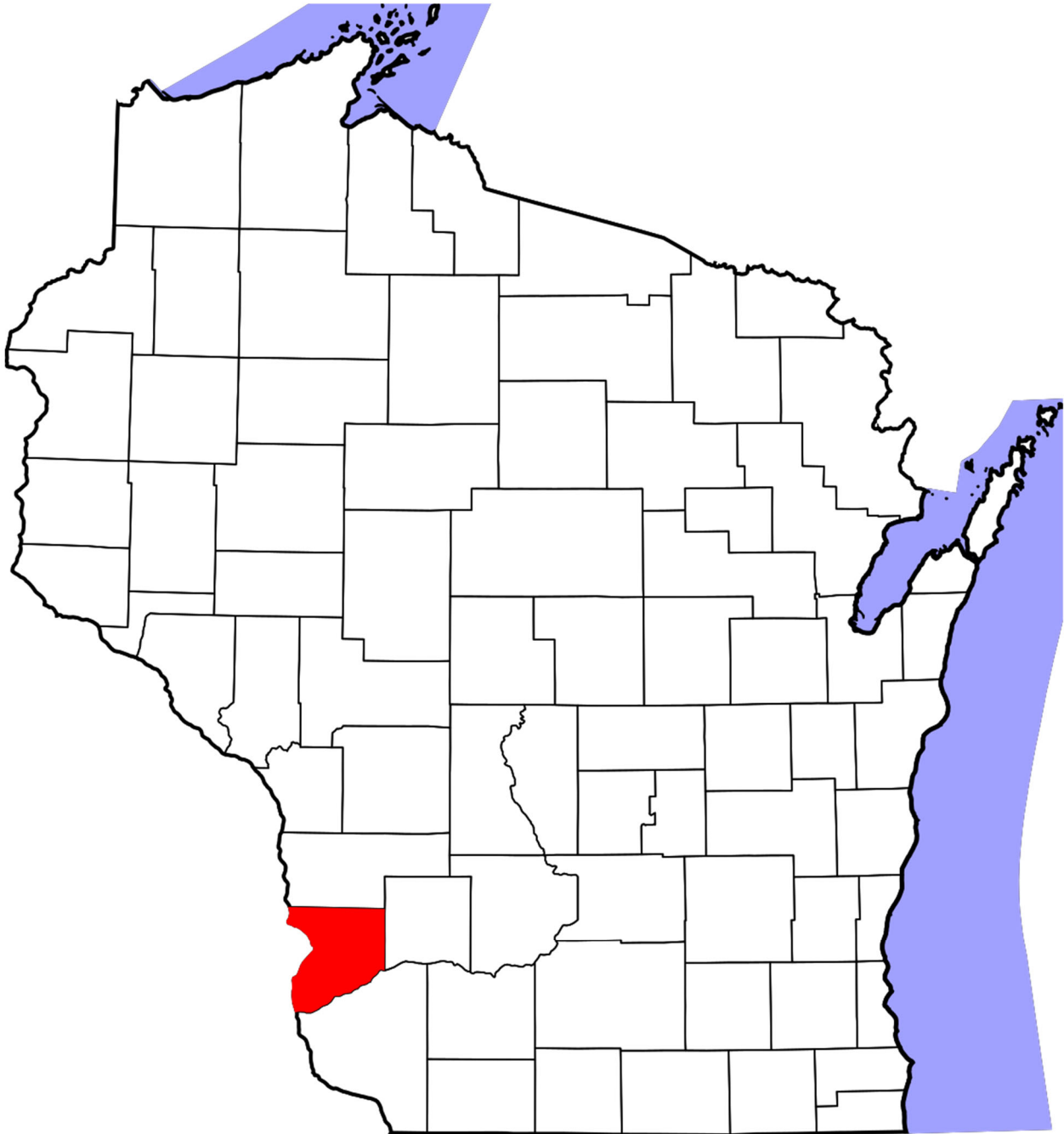


Crawford County Resource Guide



Craig Achenbach

WESTERN WISCONSIN WORKFORCE DEVELOPMENT 2615 East Avenue South La Crosse, WI 54601

Crawford County Resource Guide

Abuse

- 911- *Call immediately if you feel someone is in immediate, serious, or life-threatening danger*
- National Domestic Violence Hotline.....1-800-799-SAFE (7233)
- National Sexual Assault Hotline.....1-800-656-HOPE (4673)
- On-call Victim Advocate.....1-800-236-HEAL (4325)
- Crawford County Victim/Witness Coordinator.....608-326-0299
- 5 Passages (Richland Center, WI)1-800-236-HEAL (4325)
(non-emergencies) 24-hour crisis line. Domestic abuse shelter,
crisis help line and counseling.....608-604-3434
- New Horizons Shelter, La Crosse, WI.....608-791-2600
24-hour crisis line, collect calls accepted
- Crawford County Human Services.....608-326-0248
- Mayo Clinic Behavioral Services- Prairie du Chien608-326-0808
- Gundersen Lutheran AODA Counselors -Prairie du Chien608-326-5380
- Gundersen Lutheran AODA Counselors- Boscobel.....608-375-4144
- Alcoholics Anonymous.....608-326-0808
- Alateen608-326-0808
- Southwest Wisconsin AA Meeting List <https://aamadisonwi.org/>.....608-222-8989
- Substance Abuse Services for Clayton County, Inc. www.sas4cc.com.....563-245-1546
- Wisconsin Tobacco Quitline.....800-QUIT-NOW

Crawford County Resource Guide

Child Care Information

- Crawford County Health & Human Services.....608-326-0248
*Wisconsin Shares Child Care Subsidy– helps families pay for childcare. Certification, technical assistance, and information on start-up funding for Providers.
- Family Connections of Southwest Wisconsin.....1-800-267-1018
*Family Connections is a non-profit organization that providing a number of services to families, child care providers, and local communities in and around Southwestern Wisconsin. Family Connections is a trusted resource that helps to prepare, educate, and support families, childcare providers, and the public
- Find Child Care <http://childcarefinder.wisconsin.gov/Search/Search.aspx?type=b&YoungStarProviders=true>

Child Welfare, Foster Care, and Kinship Care

- Child Abuse and Neglect Crawford County Human Services.....608-326-0248
Monday-Friday 8:00am- 4:30 pm Crawford County Sheriff Department.....608-326-8414
Contact after 4:30 pm and weekends
- FOSTER CARE SERVICES Crawford County Health & Human Services.....608-326-0248
- KINSHIP CARE Crawford County Health & Human Services.....608-326-0248
Financial assistance for adults caring for minor relatives.
- PALS MENTORING PROGRAM OF CRAWFORD COUNTY (PALS)
- Mentoring Program of Crawford County (People Actively Linked with Students).....608-326-0217
is a program designed to help at-risk children develop personally and academically through a supportive, one-on-one, mentoring relationship. PALS has two components: school-based and community-based. High school students who serve as positive role models to younger, at-risk children comprise the school-based portion. PALS is offered in the North Crawford, Prairie du Chien, Seneca, and Wauzeka-Steuben School Districts; Big PALS meet on a weekly basis with their Little PALS with whom they are matched. The community-based portion provides volunteer opportunities for caring adults who commit to mentoring needy youth for a minimum of one year. Background checks for mentors is a mandatory requirement.

Crawford County Resource Guide

Child Support

The Wisconsin Child Support Program <http://dcf.wisconsin.gov/bcs/>

Crawford County Child Support Agency 608- 326-0218
225 N. Beaumont Rd. Suite 318 Prairie du Chien 53821

Dementia Services

Alzheimer's & Dementia Alliance of Wisconsin www.alzwisc.org 608-232-3400
or 888-308-6251

- Heather Moore, Dementia Outreach Specialist, Alzheimer's & Dementia Alliance of Wisconsin, Crawford/Grant/Iowa/Lafayette, 608-723-4288, heather.moore@alzwisc.org;
- The Alzheimer's & Dementia Alliance of Wisconsin is a nonprofit organization dedicated to improving the lives of persons with Alzheimer's disease or related dementias and their families. The Alliance is a guide to those coping with this disease as they learn about options and begin to plan for the future. Contact us for help and support. We are your partner along the journey.
- Programs and services include information and assistance, early stage support and education programs, early stage social & creative enrichment programs, family caregiver support groups, family caregiver education, care consultants, community education, conferences, professional education, advocacy, fundraising and awareness events.
- Memory Cafe ~ Third Tuesday of each month from 10:00-11:30 a.m. at Hoffman Hall, 1600 S. Wacouta, Prairie du Chien. Drop in and join the fun and conversation in a relaxed environment for those with mild memory loss, mild cognitive impairment or early Alzheimer's/dementia. Family members and friends are welcome. If you require help to participate, please bring someone with you. Contact Heather Moore, Dementia outreach Specialist 608-723-4288 or heather.moore@alzwis.org

Crawford County Resource Guide

Dementia Services Cont.

- Caregiver Support Group: 4th Tuesday of each month from 10:00-11:30 a.m. at Hoffman Hall, 1600 S. Wacouta, Prairie du Chien. At support groups, family care partners come together to share information, experiences and support. Groups facilitated by skilled volunteers meet at various times throughout south-central Wisconsin. Contact Heather Moore, Dementia outreach Specialist 608-723-4288 or heather.moore@alzwis.org ADRC of Eagle County, Dementia Care Specialist
- Pam Kul-Berg, MA, Dementia Care Specialist, ADRC of Eagle County, 194 N. Main Street, Suite A, Richland Center, WI 53581; Phone: 608-548-3954
- The Dementia Care Specialist (DCS) is a person employed by the Aging & Disability Resource Center (ADRC) who is responsible for assisting individuals and families living with dementia to continue to be active in their community and remain in their homes for as long as they are able.
- The Dementia Care Specialist can help with the following: Memory Screens; Planning for their future by providing information on what to expect, decisions they may want to consider in advance and resources available; Train and inform local businesses interest in learning how to best serve customers and employees who are experiencing memory loss; Provide education to local service and civic groups about the impact of dementia.

Education Programs and School Information

EARLY CHILDHOOD PROGRAMS Head Start – Prairie du Chien Center _____ 608-326-6606
www.headstartcouleeregion.com. Serves low-income pre-school children, including children with disabilities and their families

Grace Lutheran Preschool, www.gracepdc.net _____ 608-326-4899
Licensed for children 2.5 to six years old

Little Saints Learning Center _____ 608-326-8624
Accepts children ages 2.5 years and up. Open year round and offers after school care. Early Childhood Programs- serve children as young as 3 years old. Available at all Crawford County Schools. Contact your child's school for more information.

Crawford County Resource Guide

PUBLIC SCHOOLS

Boscobel Area Public Schools: www.boscobel.k12.wi.us

- District Office..... 608-375-4164
- Boscobel Elementary..... 608-375-4165
- Boscobel Junior and Senior High School..... 608-375-4161

DeSoto Area Schools: www.desoto.k12.wi.us

- District Office..... 608-648-0102
- DeSoto Middle / High School..... 608-648-0100
- Prairie View Elementary..... 608-648-2227

North Crawford School District: www.northcrawford.com

- District Office..... 608-735-4318
- North Crawford Elementary..... 608-624-5201
- North Crawford High School..... 608-735-4311

Holy Family Parish: www.prairiecatholic.org

- Prairie Catholic Schools (3-K-8 Grade)(Parochial School)..... 608-326-8624

Prairie du Chien Public Schools: www.pdc.k12.wi.us

- B.A. Kennedy Grade School (3K to 1st Grade)..... 608-326-3719
- Prairie du Chien Senior High School..... 608-326-3721
- Bluff View Intermediate School (2nd – 8 th Grade)..... 608-326-3723

Seneca School District: www.seneca.k12.wi.us

- District Office..... | 608-734-3411

Wauzeka-Steuben Public Schools: www.wauzeka.k12.wi.us

- District Office..... 608-875-5311

New Frontier Alternative Day School..... 608-326-6481

6 GED/HSED PROGRAMS Southwest Tech Outreach Site- Prairie du Chien..... 608-326-0718

Crawford County Literacy Council..... 608-326-0718

PHYSICAL ACTIVITY AT THE SCHOOLS DeSoto School District..... 608-348-3311

Weight Room/Fitness Center – Open Mondays, Tuesdays & Thursday evenings from 6:00 p.m. to 8:00 p.m.

Crawford County Resource Guide

North Crawford School District.....608-735-4318

- Open to public free of charge • Open Gym: Sunday evenings – January-March from 6:30 p.m. to 8:00 p.m.
- Open Hallways: Monday-Friday – Hallways available for walking before and after school.
- North Crawford School District - District Fitness Shed \$100/yr. individual memberships for district residents \$200/yr. individual memberships for non-residents 24/7 access through key fob Prairie du Chien School District 608-326-3700
- The public is welcome to access the high school for walking and the weight room at no cost
- Walking: Monday-Friday at the High School from 5:00 a.m. to 8:00 a.m. and from 4:00 p.m. to 6:00 p.m. (Enter through the main door in the front or Door H in the center of the back of the building.)
- Open Weight Room: Monday-Friday at the High School from 5:00 a.m. to 8:00 a.m. and from 4:00 p.m. to 6:00 p.m. (Building on the east side of the back parking lot. There is supervision during these hours.)
- When school is not in session the facilities will NOT be available. Wauzeka-Steuben School District.....608-875-5311
- Open Gym: Open to the public free of charge. Wednesdays from 7:00 p.m. to 10:00 p.m.
- **Wauzeka’s Angels Fitness Center:** Community members can check out key fobs to use center at any hour for a cost of \$10/month or \$100 /year; Students 6th -12th grades and staff (no charge); Students 5th grade and under are NOT allowed in the Fitness Center.

Seneca School District.....(608) 734-3411

- Available to district residents for free.
- Open Stage and Weight Room: Fitness equipment on the stage includes bikes, elliptical and treadmills. Mornings: Monday-Friday from 6:45 a.m.-8:05 a.m. (Door 1 – the front doors on main street) Evenings: Monday-Friday when sports practices are held. (Door 7 – south door, facing the bus garage)
- November-25-February 24 – Sundays from 7:00 p.m. -8:00 p.m. for students and adults; (Door 7 – south door, facing the bus garage).
- On days when school is late or cancelled, the fitness area will NOT be open.

Crawford County Resource Guide

Employment and Vocational Training

Work Force Connections.....1-800-742-5627 or 608-433-2775
<http://www.workforceconnections.org>; 1304 S. Marquette Road, Prairie du Chien, WI 53821

- **Wisconsin Works (W2)** ~ provides necessary and appropriate services to prepare individuals to work, and to obtain and maintain viable, self-sustaining employment.

- **Workforce Investment Act (WIA)** ~ provides individualized, employment-focused services to job seekers who meet eligibility and program enrollment requirements.

- **Emergency Assistance ~ Rental assistance** for single or two parent households if under 150% FPL

- **Food Share Employment and Training Program WisCorps, Inc**.....1-608-782-2494
<http://www.WisCorps.org>

- **WisCorps Works Program** offers employability training, work readiness, educational training and valuable work experience to young adults 16-24.

Couleecap www.couleecap.org.....1-866-904-4508

- **Skills Enhancement Program** ~ Increases family earned income and benefits by assisting with the training needs of low-income workers. Provides support and financial assistance for tuition, childcare, and transportation expenses related to returning to school.

- **Job and Business Development** ~ Technical assistance to business start-ups and entrepreneurs. Help is available for developing business plans.

- **Work-n-Wheels Program** ~ Provides zero interest vehicle loans & repair assistance to qualified low-income households. Vehicle purchase and/or repairs must be related to employment. Program participants must agree to participate in ride share when possible.

Opportunity Center.....608-326-6486
 730 North State Street, Prairie du Chien, WI 53821 www.pdcopportunitycenter.org Job Preparation and Development provides individualized, employment-focused services to job seekers who meet eligibility and program enrollment requirements

Energy Assistance

Crawford County Human Services.....608-326-0248

- **Wisconsin Home Energy Assistance Program (WHEAP)** ~ provides assistance for heating costs, electric costs, and energy crisis situations. Couleecap

Crawford County Resource Guide

• Weatherization Program 1-866-904-4508

This program helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.

Catholic Charities St. Lawrence Community Services Program 1-888-212-4357

Provides utility assistance as available. This program focusses on building budgets and collaborating with households so they can become self-sustaining and financially independent. Assistance is considered during the case management process.

Family Planning and Reproductive Health Resources

Essential Health Clinic 1-800-657-5177

• Provides high-quality reproductive care. From testing and treatment of sexually transmitted diseases to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for one's health in a confidential, supportive place, with affordable, accessible services, regardless of an individual's age and ability to pay.

Clarity Clinic 1-608-348-5757

Tests for pregnancy and STD's. Catholic Charities Adoption Program 1-888-212-4357

• Hague Accredited Agency providing expert support to expectant parents considering adoption as well as adoptive families. We help families prepare to welcome and adoptive child and support them throughout the adoption process. Provides assistance with agency infant, independent, Intercountry, Interstate, Relative, and Stepparent services.

Catholic Charities Post Adoption Resource Center 1-888-212-4357

• Provides support, education and referral services to all birth parents, adult adoptees, and adoptive families

Crawford County Health & Human Services 608-326-0229

• Provides education and counseling related to sexually transmitted diseases testing and treatment.

National STD Hotline 1-800-227-8922

AIDS Hotline 1-800-334-2437

Prairie du Chien Pregnancy Resource Center 608-379-3099

1201 S. Beaumont Rd., Prairie du Chien, WI, midwife@trilliummidwiferyservices.com

• Offering pregnancy support services through Trillium Midwifery Services staff. We offer free and confidential services including limited ultrasounds, pregnancy counseling, pregnancy testing, and referrals for additional services as needed. Visits are by appointment only by calling or texting the number above.

Crawford County Resource Guide

Financial and Education Counseling

Catholic Charities St. Lawrence Community Services Program 1-888-212-4357

• *Financial Wellness Advocates are available to help individuals and families with budgeting and financial management tools.*

Catholic Charities Representative Payee Services 1-888-212-4357

• *For individuals who qualify for services we offer confidential and compassionate assistance with budgeting on fixed income to meet basic human needs. Offer case management, individualized planning, monthly bill paying, budget review, and goal setting.*

Food Programs

FOOD PROGRAMS Crawford County Health & Human Services 608-326-0248

• *Food Share Program- Nutrition assistance program designed to help individuals and families buy nutritious foods when money is tight. Monthly benefits are based on net income and household size. Apply at www.access.wi.gov or by calling: 1-888-794-5780 or 326-0248*

9 Women, Infant, and Children (WIC) 1-800-704-8555 or 1-608-935-2326

<https://www.dhs.wisconsin.gov/wic> or <http://www.swcap.org/service-wic.html> *Provides supplemental nutritious foods, nutrition and breastfeeding information, and referral to other health and nutrition services to pregnant women and children under the age of five.*

ACCESS access.wisconsin.gov Connection to health and nutrition benefits Free/Reduced School Meals
 • *Free and reduced priced breakfast and lunch programs available at Crawford County Schools. Contact your child's school for income guidelines and an application.*

Seneca School District 608-734-3411

• *Seneca School District Backpack Program All families (Pre-K-5 th grade) that attend the Seneca School District and receive free and reduced lunch have the option to receive a food pack. Middle school and high school families can participate upon referral or request.*

UW Extension 608-326-0223

• **FoodWise Program** 877-794-2372
Provides nutrition education to families and individuals who are eligible for the Food Share program Aging and Disability Resource Center (ADRC) of Eagle Country <http://www.adrceagle.org/>

Prairie du Chien Office 608-326-0235

225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;

• *Senior Nutrition Dining Sites in Crawford County for residents age 60 & older and spouses regardless of age • Home delivered meals in Crawford County for residents age 60 and older who meet homebound, nutrition needs or disability criteria.*

Crawford County Resource Guide

St. Peter Evangelical Lutheran Church 608-326-6411

• *Come For Supper (Free Monthly Community Meal) – Third Thursday of Every Month at 5:00-6:30 p.m. Food Pantries*

• **Couleecap /Bargain Boutique** 608-326-2463

This program operates to provide food to residents with an emergency need who qualify within the income guidelines. The Emergency Food Assistance Program (TEFAP) supplements the food pantry. Residents with an emergency need may access the food pantry once per month at the Bargain Boutique, Monday 10:00 a.m.-4:30 p.m. Tues-Friday 10 a.m. - 3 pm. and 2nd Saturday of each month from 10 a.m. – 1 pm. Contributions from businesses and individuals can be tax deductible.

• **Mobile Food Pantry/Second Harvest** 608-735-4690

This food pantry is located at Gays Mills Community Building. They are open the fourth Wednesday every month from 2:00 p.m. until food is gone. Distribution site has no income guidelines or residency requirements. Contact Lorraine Fortney.

• **Gays Mills Food Pantry** 608-606-1269

The food pantry is located at 120 Sunset Ridge #122, Gays Mills. They are open the first Saturday of each month from 9am to 10am and the first, second, and third Wednesday from 2pm to 4pm. Kent Salmon, Director.

Health Care

FREE AND LOW COST CLINIC InHealth Community Wellness Clinic 608- 375-4324

A free clinic that provides primary Health Care to the un-insured of Grant and Crawford Counties. Clinic Hours: Every Monday 5:00PM to 8:00PM and 1st and 3rd Saturday 9:00AM to Noon. Located at the rear of the Associated Balance and Hearing Clinic at 109 East Bluff, Boscobel, WI

Essential Health Clinic 1-800-657-5177

Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for ones health in a confidential, supportive place, with affordable, accessible services, regardless of an individual's age and ability to pay.

Scenic Bluffs Community Health Centers 608-654-5100

If you do not have health insurance, are unemployed, or have an income level that makes it difficult for you to pay for health care, a sliding fee scale called the Healthy Neighbor Plan is offered. Locations in Cashton, Norwalk, and Viroqua

Neighborhood Family Clinic LaCrosse 608-781-9880, Winona 608-637-8111

Provides quality medical care at a reduced rate.

Viroqua 608-637-8111, Sparta 608-487-8506

Prairie du Chien Pregnancy Resource Center 608-379-3099

1201 S. Beaumont Rd., Prairie du Chien, WI, midwife@trilliummidwiferyservices.com Offering pregnancy support services through Trillium Midwifery Services staff. We offer free and confidential services including limited ultrasounds, pregnancy counseling, pregnancy testing, and referrals for additional services as needed. Visits are by appointment only by calling or texting the number above.

Crawford County Resource Guide

Dental Care

- Crawford County Health & Human Services** 608-326-0229
 • *Fluoride Varnish Program- Fluoride varnish is a protective coating that is painted on children's teeth to help prevent cavities. Fluoride varnish is available for children 6 months thru 20 years with valid Medicaid/ BadgerCare Coverage, otherwise fee to cover costs.*
- Bridging Brighter Smiles** 1/262-896-9891
www.bridgingbrightersmiles.org Provides students in grades 4k-12th grade oral screenings, dental cleanings, fluoride varnish, sealant placement, oral health education, and referral assistance Dental Clinics for MA/BadgerCare Clients or Uninsured Persons
- **Boscobel Family Dental** 608-375-4549
105 E. Bluff St. Boscobel, WI – Accepts adults and children with BadgerCare.
- **Dr. Kurt Dillard** 608-785-0633
1720 Jackson St., La Crosse, WI – Accept adults and children with BadgerCare
- **Dr. Williams & Pearce** 608-647-3993
100 N. Church St. Richland Center, WI – Accepts BadgerCare for adults and children
- **Marquette University School of Dentistry** 414- 288- 6790
1801 West Wisconsin Ave. Milwaukee, WI -- Accept adults and children with BadgerCare 11
- Dental Clinics for Children only on MA/BadgerCare • Biehl & Okano** 608-326-4450
807 E. Wells St. Prairie du Chien, WI – Accepts children with BadgerCare up to age 15
- **Dentistry of Onalaska – Dr. Flood** 608-781-9114
801 Critter Ct., Onalaska, WI –Accepts children with BadgerCare 5 and under only
- **Scenic Bluffs Community Health- Dental Care** 608-654-5100
Accepts BadgerCare for adults and children. Clinics located in Cashton and Viroqua.
- **Patterson John A DDS** 608- 326-4515
807 E Wells Prairie du Chien, WI – Accepts children with BadgerCare 5 and under only
- **Welter Family Dentistry** 608- 326- 7445
114 Blackhawk Av Prairie du Chien, WI – Children 15 and younger only Dental Clinics who provide Payment Options and Care Credit
- **Aspen Dental** 608-531-8257
3132 Market Place Onalaska, WI – Third party and payment options
- **Pomerening Bruce L. DDS** 608- 326-2332
109 S Beaumont Rd Prairie du Chien,WI – Payment Options Available
- **Dental Associates of PDC** 608- 326-6886
820 S. Marquette, Prairie du Chien, WI – Care Credit
- **PdC Dentistry** 608-326- 8458
110 S, Ohio Street, Prairie du Chien, WI – Care Credit

Crawford County Resource Guide

Public Health

Crawford County Health & Human Services www.crawfordcountywi.org/health-home.html608-326-0229

- Immunization Clinics ~ held twice a monthly at the Crawford County Administration Building in the nurse's office and bimonthly in Gays Mills and Seneca at the Community Buildings to provide an opportunity for children and adults to receive immunizations.
- HealthCheck ~ a preventive health check-up program for Wisconsin Medicaid/ BadgerCare recipients under the age of 21. The screening meets physical exam requirements for Head Start and day care programs.
- Childhood Lead Poisoning Prevention ~ lead screening services for all children 1 year through 6 years of age to assess the level of lead in their bodies. Children under six years of age can easily be poisoned by dust or paint chips containing lead. After initial screening, Public Health will take necessary action to help families eliminated lead exposure.
- Vision Screening Program for all children starting at 6 months of age. The purpose is to identify treatable or preventable causes of commonly occurring visual problems in children.
- Blood pressure screening ~ held at elderly meal sites and public health office
- Communicable diseases are reported to Public Health by physicians, clinics, family members, or the ill person. Public Health nurses offer investigation, education, and control measures to assure the safety of the individual, family, and community.
- Community Education – Public Health Staff are available to present educational programs to community groups related to health and wellness topics.

Hospitals and Clinics

Crossing Rivers Health Clinic - Prairie du Chien608-357-2500
www.CrossingRivers.org/clinics 37822 U.S. Highway18 Prairie du Chien, WI 53821

Crossing Rivers Health Clinic – Fennimore608-357-2500
www.CrossingRivers.org/clinics 1800 E. Bronson Boulevard Fennimore, WI 53809

Mayo Clinic Health System- Prairie du Chien608-326-0808
 800 E. Blackhawk Ave. Prairie du Chien, WI 53821

Crawford County Resource Guide

Gundersen Prairie du Chien Clinic	608- 326-6466 or 1-800-714-5362
610 East Taylor Street Prairie du Chien, WI 53821	
Gundersen Boscobel Clinic	608-375-4144
208 Parker Street Boscobel, WI 53805	
Gundersen Viroqua Clinic	(608) 637-3195 or (877) 543-3195
407 South Main Street Viroqua, WI 54665	
Kickapoo Valley Medical Clinic – VMH	608- 624-5203
102 Sunset Ave. Soldiers Grove, WI 54655	
Hirsch Clinic – VMH	608-637-3174
407 S. Main St. Suite 400 Viroqua, WI 54665	
Crossing Rivers Health Medical Center (Hospital)	608-357-2000
37868 US Hwy. 18 Prairie du Chien, WI 53821	
Mayo Clinic Health System (Hospital)	608-785-0940 or 800-362-5454
700 West Avenue S. La Crosse, WI 54601	
Gundersen Health System (Hospital)	608-782-7300 or 800-362-9567
1900 South Avenue La Crosse, WI 54601	
Gundersen Boscobel Area Hospital	608-375-4112 or 866-662-2242
205 Parker Street Boscobel, WI 53805	
Vernon Memorial Healthcare	608-637-2101
507 South Main Street Viroqua, WI 54665	
Neighborhood Family Clinic	LaCrosse 608-781-9880
Winona 608-637-8111	Viroqua 608-637-8111
	Sparta 608-487-8506
Trillium Midwifery Services Clinic and Birth Center	608-379-3099; fax 608-492-3524
www.trilliummidwiferyservices.com; midwife@trilliummidwiferyservices.com	
1201 S. Beaumont Rd., Prairie du Chien, WI 53821 1109 Wisconsin Avenue, Boscobel, WI 53805	

Home Care

Homeward Bound	608-723-6601
130 W. Elm Street, Lancaster, WI 53813 Supportive Home Care and Home Health Agency offering the following services: Skilled Nursing Care, Respite Care, Home Maintenance, Therapies and Personal Cares. State Licensed and Medicare/M.A. certified. Can bill Medicare, Medical Assistance, Insurance and other funding sources	

Crawford County Resource Guide

Housing and Shelters

New Horizons Shelter and Women's Center 608-791-2600 OR 1-888-231-0066
1223 Main St. Lacrosse, WI 54601 24/7 Crisis Line. Shelter for women and children experiencing domestic violence, sexual assault, or harassment.

Passages, Richland Center, WI 1-800-236-HEAL (4325); 608-485-0233
(non-emergencies) 24-hour crisis line. Domestic abuse shelter, crisis help line and counseling.

Salvation Army 608-326-8321
625 S. Dousman St Prairie du Chien, WI 53821 Emergency lodging into local motels, fuel for vehicles, meals, groceries, hygienic supplies, prescriptions, rent (to those who qualify), utility bills and bus tickets. School supplies, clothes, coats, and snow boots for children. Christmas programs for families.

Salvation Army of La Crosse County 608-782-6126
223 8th Street North La Crosse, WI 54601 Emergency shelter open to men, women, and children 7 days a week. Check in time is 6-8 pm MondayFriday and all-day Saturday and Sunday.

Catholic Charities St. Lawrence Community Services Program 1-888-212-4357
This program focusses on financial education and building budget skills so households can become self-sustaining and financially independent. Rental assistance is considered during the case management process.

American Red Cross 1-877-618-6628

HOMELESS/ TRANSITIONAL HOUSING Couleecap 1-866-904-4508
www.couleecap.org/homeless-prevention

• **Homeless Prevention Program** ~ Provides motel vouchers, security deposit, and first month's rent in Monroe, Vernon, and Crawford counties. Provides eviction prevention assistance in Crawford and Vernon counties. Individuals/families must be homeless or in danger of being evicted for lack of rent payment. Must show a temporary decrease in household income and the ability to maintain payments beyond assistance. Eligible participants must meet income eligibility guidelines of at or below 30% - 50% County Median Income in order to qualify for assistance. Funds for this program are provided by the State of Wisconsin Bureau of Supportive Housing, and types of assistance vary by county.

LOW- INCOME RENTAL HOUSING Rivercrest Village 608-836-1152
1007 E Wisconsin St Prairie du Chien, WI 53821

Rivercrest Villages is a Family low income housing apartment subsidized by the federal government's HUD (Housing and Urban Development) Division. 14 Blackhawk Apartments 608-326-8323
695 E Blackhawk Ave Prairie du Chien, WI 53821

Prairie Village Apartments 608-348-7755
1605 E Wells St Prairie du Chien, WI 53821

Prairie du Chien Enterprises 608-326-0004
1505 E Wells St Prairie du Chien, WI 53821 Income-Based Housing:

Crawford County Resource Guide

- Kickapoo Ridge/Crooked River Townhomes** 608-796-9062
2 and 3 bedroom townhomes in Gays Mills for low income and market-rate households.
- Allegiant Property Management(low income housing)** 608-784-1381 or 888-393-3282
412 3rd Street South, LaCrescent, MN 55947 Properties located at:
Hillview Apartments 170 County Rd N, Wauzeka, WI 53826
Pheasant Run Apartments 821 Dousman St., Prairie Du Chien, WI 53821
Winneshiek Apartments 255 Main Street, Desoto, WI 54624
- HOMEOWNERSHIP/ HOME REHABILITATION Couleecap** 1-866-904-4508
<http://www.couleecap.org/>
- **Homebuyer Counseling** 608-796-9062
Provides homebuyer counseling to individuals planning to purchase a home. No income restrictions. Counseling meets Fannie Mae requirements for accessing the First-Time Homebuyer Tax Credit. Fees may apply depending on income
 - **Homeownership Programs** 608-796-9062
Helps income-eligible homebuyers purchase their first home, with down payment and closing cost assistance available.
 - **Community Land Trust Homeownership** 608-782-5520
Provides homebuyers the ability to purchase permanently affordable housing in select communities. Primarily new construction homes available for purchase at 50% - 60% of market prices. Buyers are required to participate in a shared-appreciation agreement as a condition of ownership.
 - **Owner-occupied Home Rehab Programs** 608-796-9062
Helps low and moderate income homeowners rehabilitate their home. Focus is on rehabilitation that makes the home safe, sanitary, and energy efficient.
 - **Weatherization Program** 1-866-904-4508
Helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.
- Crawford County Housing Preservation Grants** 608-326-7333
<https://www.developmentplanning.net/index.html>
- Crawford County Housing Costs Reduction Initiative** 608-326-7333
<https://www.developmentplanning.net/index.html>
- WHEDA** 800-334-6873
www.wheda.com • For 1st-time homebuyers • No Equity Home Improvement Loan
- USDA Rural Development** 608-935-2791
www.rurdev.usda.gov/wi Low interest loans for 1st-time homebuyers, zero down payment, subsidized and guaranteed loans
- Catholic Charities St. Lawrence Community Services Program** 888-212-4357

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First-time Homebuyer Education Bureau of Consumer Protection	1-800-422-7128
Landord /Tenant Hotline	1-800-422-7128
Tenant Resource Center	1-877-238-7368

Legal Services

Disability Rights Wisconsin 608-267-0214 Toll Free: 800-928-8778; Fax: 608-267-0368;
<http://www.disabilityrightswi.org> 131 W. Wilson St., Suite 700, Madison, WI 53703

Catholic Charities Immigration Services 1-888-212-4357
 Offers direct legal assistance to all immigrants for naturalization, adjustment of status, immigration services under the VAWA program (Violence Against Women Act) and others immigration services.

Legal Action of Wisconsin 608-785-2809 or 1-800-873-0927
www.legalaction.org 205 5 th Ave So., Suite 300, Box 2617, La Crosse, WI 54602-2617 Telephone Interview Hours:
 Tuesday and Thursday, 8:30 – 11:30 a.m.

Lawyers for Low-Income People – Help is FREE Judicare 715-842-1681 or 1-800-472-1638
www.judicare.org 408 Third Street, Suite 408, P.O. Box 6100, Wausau, WI 54402-6100 Provides legal services for cases involving bankruptcy, Social Security and SSI, family law, health, housing, income maintenance, wills and Indian law.

Libraries

Call for Programs Offered and Hours Open Desoto Public Library ...(www.wrlsweb.org/desoto)	608-648-3593
Call for program times Lynxville Library	608-412-3184
Call for program and hours Gays Mills Public Library(www.gaysmillslibrary.org)	608-735-4331
PDC Memorial Library www.pdcpubliclibrary.org	608-326-6211
Call for program and hours Soldiers Grove Public Library (www.soldiersgrovelibrary.org)	608-624-5815

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Mental Health- Counseling

- Crawford County Health & Human Services** (608) 326-0248
Children and adult counseling, adult psychiatry, and In-home family counseling.
- Mayo Clinic Health System- Prairie du Chien**(608) 326-0808
Full range of mental health and addiction services for children, adolescents and adults.
- Gundersen Behavioral Health- Prairie du Chien** (608) 326-338
Viroqua (608) 637-3195
Full range of mental health and addiction services for children, adolescents, and adults. Specialty services are available for eating disorders, sexual abuse and assault victims, and crime victims.
- Boscobel* (608) 375-4144
Offers behavioral counseling services in collaboration with Gundersen primary care provider in the Family Medicine Clinic. Primary care provider provides a referral for these services.
- Crossing Rivers Health Behavioral Health–Prairie du Chien & Fennimore**.....(608) 357-2525
Offers addiction counseling, anxiety, attention deficit/hyperactivity disorder, behavior issues, bipolar, conduct disorders, depression, grief and loss, impulse control, personality disorders, psychosis and trauma-related disorders, telehealth psychiatric services.
- Katrina M. Johnson, LCSW, CTRS – Soldiers Grove**..... (608) 553-0279
Individual, Families, Couples, Veterans & children 4yo and older; Methods: Forgiveness Therapy, Strength Based Therapy, AODA Prevention, Cognitive Behavioral Therapy (CBT), CBT-Insomnia
- Family and Children’s Center -Viroqua** (608) 637-7052
Full range of mental health services to children, adults and families. www.fcconline.org
- Viroqua Counseling and Health Center – Viroqua**(608) 637-2511
www.viroquacounselingandhealthcenter.com Private counseling center providing counseling, psychological, and medical to individuals, couples and families. Our goal is to facilitate care and healing in a positive and caring environment created for individual attention.
- Stonehouse, Viroqua**..... (608) 638-3332
Provides individuals, children, couples, and families with a safe, supportive environment from which to learn coping strategies and the tools to build healthy relationships
- Hirsch Clinic, Viroqua**..... (608) 637-3174
Behavior health services available.
- Rebecca Miller, LLC – Boscobel** (608) 391-2436
Client-centered mental health care to individuals as young as 6 years old.
- Ashley Hady, LLC – Boscobel** (608) 391-2434
Provide outpatient mental health care to patients 16 years and older

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Pauquette Center – Richland Center (608) 742-4087
pauquette.com/locations/richland-center/ Provide services for depression, anxiety, addiction, and so much more to youth and adults.

Northeast Iowa Behavioral Health 1 (800) 400-8923
www.neibh.org Offers immediate crisis counseling and ongoing individual & group counseling for any mental health or substance abuse issue at the following locations: Decorah, Oelwein, Waukon, Elkader, Cresco, Guttenburg, West Union.

Support Services for Mental Health

NAMI-Southwest Wisconsin, Boscobel (608) 485-3211
southwesternwi.wix.com/nami Provides free support groups for people living with mental illness and their loved ones.
 All support groups are led by people living well in recovery or are family members who have been trained to meet NAMI's standards.

- *Support Group for those with mental illness is held on the 1st and 3rd Thursday of every month at 7 p.m.*
- *Support Group for family members/friends is held on the 2nd and 4th Thursday of every month at 7 p.m.*
 - *Location: St. John's Lutheran Church, 208 Mary Street, Boscobel, WI*

Suicide & Crisis Resources

If you are experiencing a life-threatening mental health crisis, call 911

Crawford County Health & Human Services (608) 326-0248
 If you are experiencing a mental health emergency contact Northwest Connections at 1-888-552-6642

National Suicide Prevention Lifeline 1-800-273-TALK (8255)
www.suicidepreventionlifeline.org 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Text "HOPELINE" to 741741 Serves anyone, in any type of crisis, providing access to free, 24/7 support and information via a medium people already use and trust: text.

Solstice Warmline (608) 422-2383
 The Warmline is a non-clinical, non-emergency service staffed by certified peer specialists; a program of the Solstice House. Available in the evening hours only.

Veterans Crisis Line 1-800-273-TALK (8255)
 and Press 1 or text 838255 Qualified VA responders standing by to help 24 hours a day, 7 days a week.

TrevorLifeline 1-866-488-7386 or text "START" to 678678
 A crisis intervention and suicide prevention phone service for LGBTQ young people available 24/7. Text service is available Monday through Friday, between 2pm – 9pm.

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Gundersen Inpatient Behavioral Health Unit(608) 775-3523 or 1 (800) 362-9567
A 30-bed facility that provides acute mental health services.

Parenting Education and Support

Crossing Rivers Health608-357-2000
37868 US Hwy 18, Prairie du Chen, WI 53821

- Car seat inspection and installation – Crossing Rivers Health provides a certified car seat technician on staff to perform a car seat safety check, by appointment.

UW-Extension608-326-0223

- **Love and Logic Parent Class** This six-week course helps families build a rewarding relationship built upon love and trust. Leave class knowing how to: stop arguing with your kids, set enforceable limits, help your kids learn from their mistakes, prevent the parent brain drain.
- Parenting Resources – Books, DVDs and more.
- There are many on-line parenting resources available under the Family Living link at <https://crawford.uwex.edu>

Crawford County Health and Human Services608-326-0248

- Birth to 3 Program - Wisconsin's early intervention program for infants and toddlers with developmental delays and disabilities and their families. If you are concerned about your child's development, don't wait! Contact your Crawford County Birth to 3 Program or your doctor for information.

- **Coordinated Services Team (CST) Initiative**- targeted to children and families involved in two or more systems of care (such as mental health, long term care, juvenile justice, child welfare, substance abuse or special education) who have complex needs.

Pregnancy- Related Program and Services

• **Parent Education Referral Services Crawford County Health & Human Services**608-326-0229

- **First Breath** - is a program that helps pregnant women in Wisconsin quit smoking. The program offers non-judgmental counseling and support, access to quit-smoking resources in Wisconsin and free gifts.

- **My Baby and Me**- is a program that helps Wisconsin women stop or significantly reduce their alcohol use during pregnancy. The program offers non-judgmental, client-centered counseling and support with pregnancy-specific educational materials and meaningful incentives.

Women, Infant, and Children (WIC)1-800-704-8555 or 1-608-935-2326
<https://www.dhs.wisconsin.gov/wic> or <http://www.swcap.org/service-wic.html> Provides supplemental nutritious foods, nutrition and breastfeeding information, and referral to other health and nutrition services to pregnant women and children under the age of five.

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- Essential Health Clinic** 1-800-657-5177
- Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for ones health in a confidential, supportive place, with affordable, accessible services, regardless of an individual's age and ability to pay
- Crossing Rivers Health** 608-357-2000
- **Childbirth Classes** 608-357-2298
One day classes are held on Saturdays. Refresher courses may be scheduled. Call to register
 - **Certified Lactation Consultant** 608-357-2500
- Catholic Charities Birth Parent Support** 1-888-212-4357
- Social workers available 24/7 to listen, discuss life options, and help parents through an uncertain time. Services are free and confidential. Questions may also be sent via text to 1-715-600-6391.
- Coalition for Children Youth and Families** 1-800-762-8063
6682 West Greenfield Avenue Suite 310 • Milwaukee WI 53214 www.wiadopt.org
- Trillium Midwifery Services Clinic and Birth Center** 608.379.3099
www.trilliummidwiferyservices.com; midwife@trilliummidwiferyservices.com 1201 S. Beaumont Rd., Prairie du Chien, WI 53821 Providing complete care to women of childbearing years including preconception counseling, prenatal, labor, delivery and postpartum care. Also caring for the newborn from birth to 6 weeks. We accept WI Medicaid and most insurances and offer cash discounts.

Public Assistance Programs

Medicaid and other Health Programs The State of Wisconsin offers a number of health benefits programs for eligible children, individuals, and families. For eligibility information, call Medicaid Enrollment Services at (800) 291-2002 or go to access.wi.gov

BadgerCare Plus: health care coverage program for low- income Wisconsin residents. Apply online at ACCESS.wi.gov
Apply by phone 1-888-794-5780

Family Planning Only Services Program: provides certain family planning-related services to prevent unplanned pregnancies. This coverage is for both men and women. Covered services are limited to family planning and related services like testing and treatment of sexually transmitted diseases/infections (STDs/STIs). Apply online at ACCESS.wi.gov Apply by phone 1-888-794-5780

Wisconsin Medicaid: plans for elderly, blind or disabled provide health care for those who are: Age 65 or older, blind or disabled; with family income at or below the monthly program limit, and; who are United States citizens or legal immigrants. Apply online at ACCESS.wi.gov Apply by phone 1-888-794-5780

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Medicaid Purchase Plan (MAPP): offers people with disabilities who are working or interested in working the opportunity to buy health care coverage through the Wisconsin Medicaid Program. Depending on an individual's income, a premium payment may be required for this health care coverage.

Your local agency: Crawford County Human Services 608-326-0248
or dhs.wi.gov/em/customerhelp

Wisconsin Well Woman Program (WWWP): provides preventive health screening services to women with little or no health insurance coverage. Well Woman pays for mammograms, Pap tests, certain other health screenings, and multiple sclerosis testing for women with high risk signs of multiple sclerosis.

To apply for more information www.dhs.wisconsin.gov/womenshealth/wwwp

SeniorCare: Wisconsin's prescription drug assistance program for Wisconsin residents 65 or older who meet eligibility requirements.

SeniorCare Customer Service Hotline (800) 657-2038.

Supplemental Security Income (SSI): is a monthly cash benefit paid by the federal Social Security Administration (SSA) and state Department of Health Services (DHS) to people in financial need who are 65 or older or people of any age who are blind or disabled and residents of Wisconsin.

Apply by calling Social Security's toll-free number (800) 772-1213.

Internet address: <http://www.ssa.gov>

Report Public Assistance Fraud 1-877-865-3432

<https://www.reportfraud.wisconsin.gov/>.

Health Insurance Marketplace To purchase health insurance go to HealthCare.gov or call 1-800-318-2596

Medicaid HMO Assistance Most Medicaid plans require you to enroll in an HMO. Here is some information that can assist you.

Member Services 1-800- 362-3002

For HMO enrollment information and assistance with Forward Card replacement, SSI payments, BadgerCare Plus information.

HMO Enrollment Services 1-800 -291-2002

For assistance in choosing and enrolling in a **Medicaid HMO ABC for Heal** 1-800-585-4222

Health benefits counseling and legal services for children and families, especially those with special health care needs.
152 W. Johnson St. Suite 206.Madison, WI 53703 . www.abcforhealth.org

Legal Action HMO Advocacy Program 1-414- 278-7722

HMO Ombudsman 1-800-760-0001

Community Advocates 1-414-449-4777

Crawford County-Area Medicaid HMOs Each local HMO has an advocate that can help you if you are having a problem with your medical coverage. Ask for an "HMO advocate" when calling your HMO if you need extra assistance.

Anthem BlueCross BlueShield 1-855-690-7800 or 1-800-855-2880

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Group Health Cooperative of Eau Claire 1-888-203-7770 or 715-552-4300

1-800-947-3529 **TDD iCare** 1-800-777-4376 or 1-800-947-3529

TDD MHS Health Wisconsin 1-888-713-6180 or 1-800-446-6136

Network Health Plan 1-888-713-6180 or 1-800-446-6136

Quartz 800-362-3310 or 608-643-1421

TDD United Healthcare Community Plan 800-504-9660; 800-947-6644 TDD

FoodShare / Child Care dhs.wisconsin.gov/foodshare FoodShare program helps low-income families and individuals buy nutritious food.

Quest Card Customer Service 877- 415-5164

For questions or problems with your FoodShare card.

Wisconsin Shares Child Care 608-326-0248

dwd.wisconsin.gov/dws/programs/childcare/wishares *The Wisconsin Shares Child Care Subsidy Program is for low-income working families, families participating in the W-2 program, or teen parents who are attending school.*

Wisconsin Works (W-2) Workforce Connection 608-433-2775 (Prairie du Chien); 800-742-5627

(La Crosse); 1-888-418-9332; www.workforceconnections.org *Wisconsin Works (W-2) replaced Aid to Families with Dependent Children (AFDC) in September, 1997. W-2 is based on work participation and personal responsibility. The program provides employment preparation services, case management and cash assistance to eligible families. Under W-2, there is no entitlement to assistance. The program is available to low-income parents with minor children who meet eligibility requirements and who are willing to work to their ability. Each W-2 eligible participant meets with a Financial and Employment Planner (FEP), who helps the individual develop an employability plan*

Special Needs Services and Programs

Crawford County Health & Human Services 608-326-0248

- **Birth to 3 Program** - Wisconsin's early intervention program for infants and toddlers with developmental delays and disabilities and their families. If you are concerned about your child's development, don't wait! Contact your Crawford County Birth to 3 Program or your doctor for information.
- **Children's Long-Term Support Waivers** - provide a structure within which Medicaid funding is available to support children who are living at home or in the community and who have substantial limitations in multiple daily activities as a result of one or more of the following disabilities: developmental disabilities, severe emotional disturbances, and physical disabilities. Funding can be used to support a range of different services that are identified based on an individual assessment of the child and his or her needs.
- **Children's Community Options Program** provides individual services and supports to families that include a child with severe disabilities. The program recognizes that meeting the needs of children who have severe disabilities may place

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hardships on a family's emotional, physical and financial resources. The program offers: information and help in finding services and maximizing community resources; limited funding to buy needed services and goods that can't be bought through other sources; help in linking families with other families to strengthen natural supports.

• **Coordinated Services Team (CST) Initiative**- targeted to children and families involved in two or more systems of care (such as mental health, long term care, juvenile justice, child welfare, substance abuse or special education) who have complex needs. Katie Beckett Program608-397-8850

• **The Katie Beckett Program** is a special eligibility process that allows certain children with long-term disabilities, mental illness, or complex medical needs, living at home with their families, to obtain a Wisconsin ForwardHealth Medicaid card. The Katie Beckett Program Consultant is housed at The Parenting Place 1035 Riders Club Road Onalaska, WI 54650

Southern Regional Center for Children & Youth with Special Needs (CYSHCN) 800-532-3321

<https://cyshcn.waisman.wisc.edu/> • The Southern Regional Center for CYSHCN provides free and confidential assistance to parents of children with special health care needs, birth to age 21. Regional Centers help families get answers, find services, and connect to community resources for children and youth with special needs. Services are free, confidential, and available to all residents in the region.

Wisconsin First Step Hotline1-800-642-7837

Statewide resource and referral hotline for parents of children with special needs from birth through age 21 and service providers; also a central directory for Statewide Birth to 3 programs.

22 Special Olympics800-222-1324 or 608-552-1324

Special Olympics Wisconsin (SOWI) is a statewide organization that provides individuals with intellectual disabilities year-round sports training and athletic competition. Individuals who are at least 8 years old and are identified as having an intellectual disability are eligible for participation.

Wisconsin Badger Camp, Inc608-348-9689

PO Box 723, Platteville, WI 53818 www.BadgerCamp.org Badger Camp is a summer camp serving adults and children with developmental disabilities by providing quality outdoor recreational experiences. Badger Camp is located 10 miles south of Prairie du Chien.

Camp Courageous319-465-5916

PO Box 418, Monticello IA 52310 info@campcourageous.org Camp Courageous of Iowa provides individuals with disabilities the opportunity to experience year-round recreational and respite care activities in a camp setting. The camp provides opportunities for social and personal growth within a supportive environment.

Opportunity Center608-326-6486

730 North State Street, Prairie du Chien, WI 53821 www.pdcopportunitycenter.org The Opportunity Center provides real-work employment opportunities, skill development training, and socialization / communication activities for persons with disabilities.

Wisconsin Council of the Blind and Visually Impaired800-783-5213 or (608) 255-1166

Project Lifesaver of Crawford County Contact Crawford County Health & Human Services - 608-326-0248

A service to protect Crawford County residents at risk of wandering due to Alzheimer's Disease, Dementia, Autism, Down Syndrome, Brain Injury.

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Transportation

Rides Coulee Cab	608-326-8888
LIFT - http://swt-lift.org/	608- 930-2191
SMRT Bus	877-444-6543
Regional Transit Bus for Southwest Wisconsin www.ridesmrt.com	
Gas Vouchers Salvation Army (Prairie du Chien Police Department)	608-326-2421
Vehicles Couleecap Work-n-Wheels Program	1-866-904-4508 or 608-326-2463
Provides zero interest vehicle loans & repair assistance to qualified low income households. Vehicle purchase and/or repairs must be related to employment. Program participants must agree to participate in ride share when possible.	
Aging and Disability Resource Center (ADRC) of Eagle Country http://www.adrceagle.org/	877-794-2372
Prairie du Chien Office	608-326-0235
225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;	
<ul style="list-style-type: none"> • Offers transportation for residents age 60 and older to Senior Nutrition Sites, medical, shopping and social transportation trips. Contact ADRC for schedules. • Offers transportation to elderly and disabled for shopping 	

Resources for the Aging

Aging and Disability Resource Center (ADRC) of Eagle Country	1-877-794-2372
http://www.adrceagle.org/ Prairie du Chien Office	608-326-0235
225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821; http://crawfordcountywi.org/adrc/index.htm	
<ul style="list-style-type: none"> • Options Counseling for Long Term Care Services • Elderly Nutrition Programs (Meal sites, home delivered meals, nutrition intervention) • Elder Benefit Specialist • Disability Benefit Specialist • Dementia Care Specialist 	

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- AARP Tax Aide
- National Family Caregiver Support Services
- Wellness and Prevention Programs

• **Transportation Alzheimer's & Dementia Alliance of WI** 608-723-4288 or 888-308-6251
support@alzisc.org; alzisc.org

Crawford/Grant/Richland County Regional Office PO Box 363, 8820 Hwy 35/61S Lancaster, WI 53813

• **The Alzheimer's & Dementia Alliance of Wisconsin** provides hope for people facing Alzheimer's or other dementia diagnosis through education, support and personalized guidance, to understand the disease, to learn how to continue living a satisfying and rewarding life, and to plan for the future.

Social Security Office 1-877-405-7841
175 W Alona Ln Lancaster, WI 53813 Social Security Administration 1-800-772-1213
<http://www.ssa.gov/>

Medicare Information and Resources 1-800-772-1213
<http://www.medicare.org/>

Medicaid for the Elderly, Blind or Disabled 1-800-362-3002
<https://www.dhs.wisconsin.gov/medicaid/index.htm>

Elder Abuse Hot Line 1-800-815-0015

Disability Drug Benefit Helpline (Medicare Part D) 1-800-926-4862

Respite Care Association of Wisconsin 1-608-222-2033
www.respitecarewi.org

Unity Adult Daycare (Opportunity Center) 608-326-6486
Drop in care for a wide range of individuals

Community Health Services Campus (Prairie Maison ~ Bluff Haven ~ LaBatisse) 608-326-8471
700 South Fremont Street, Prairie du Chien, WI 53821 Community Health Services Campus includes Prairie Maison is a Skilled Nursing Facility, Bluff Haven Assisted Living and Residence at Bluff Haven is a multi-care level assisted living apartment complex connected to Prairie Maison. La Batisse is an independent apartment complex with all the support and services from CHSC St.

Peter Evangelical Lutheran 608-326-6411
Second 50 – A monthly social gathering of anyone 50 and older. Dates and times varies. Contact the church.

Volunteer Opportunities

People Actively Linked with Students (PALS) Mentoring Program of Crawford County is a program designed to help at-risk children develop personally and academically through a supportive, one-on-one, mentoring relationship. PALS has

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two components: school-based and community-based. High school students who serve as positive role models to younger, at-risk children comprise the school-based portion. PALS is offered in the North Crawford, Prairie du Chien, Seneca, and Wauzeka-Steuben School Districts; Big PALS meet on a weekly basis with their Little PALS with whom they are matched. The community based portion provides volunteer opportunities for caring adults to commit to mentoring needy youth for a minimum of one year. Background checks for mentors is a mandatory requirement._____ 608-326-0217

Seneca Lions Club---Pat Dearth, president, _____ 608-279-2417
justcause15@hotmail.com

Prairie du Chien Lions Club---Carol Crusan, Secretary, carolcrusan@gmail.com _____ 608-412-3184

Opportunity Center/Sharing Spaces Kitchen & Greenhouse _____ 608-326-6486

ADRC of Eagle Country _____ 608-326-0235

MISSION STATEMENT: To provide older adults and people with physical or intellectual/developmental disabilities the resources needed to live with dignity and security, and achieve maximum independence and quality of life. The goal of the ADRC is to empower individuals to make informed choices and to streamline access to the right and appropriate services and supports. Volunteers needed for office help, rides for elderly or disabled, help at nutrition sites, etc.

Please contact the ADRC of Eagle Country Prairie du Chien Office at _____ 608-326-0235 to inquire about any volunteer activities.

Volunteer Opportunities Prairie du Chien Main Street Program _____ 608-485-0187

mainstreet.tammiek@gmail.com Main Street is a non-profit, volunteer-based organization dedicated to strengthening downtown businesses, creating an inviting downtown and attracting visitors and local community members to historic Prairie du Chien. There are many volunteer opportunities to help make the historic downtown a great place to shop, live, work, and play.

Driftless Development INC _____ 1-608-279-2293

driftlessdevelopment.carol@gmail.com Driftless Development INC is the economic development organization for Crawford County. As a non-profit, volunteers are always needed to help achieve our goal of making Crawford County a place where families, schools, and businesses thrive together. 27 Mentoring Opportunities

This following link will get you to a list of mentoring and group resources for children.

<https://docs.google.com/spreadsheets/d/1DaknepTeYq5NW4hGr8b7cmxqDxNNnTNVl9xrhG5W-IM/edit?ts=5e5d5c10#gid=434803073>

Driftless Development INC _____ 1-608-279-2293

driftlessdevelopment.carol@gmail.com Driftless Development INC is the economic development organization for Crawford County. Be a Business Mentor. The business mentoring program offers local business owners, bankers, financial planners, lawyers an opportunity to work with entrepreneurs to start or grow a successful business.